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Rice Syrup

What are they?

[Rice Syrup](#) is a natural sweetener derived from rice and a popular alternative to traditional sweeteners. Brown rice syrup has is widely accepted by consumers as a recognizable ingredient from a better-for-you source.

[Tapioca syrup](#) is a sweetener derived from the cassava root, a tuber native to South America. It is also increasingly being recognized as a healthier alternative to traditional sweeteners such as glucose, high fructose corn syrup and other corn-derived sweeteners.

Both brown rice syrup and tapioca syrups contributes more than just sweetness. They also provide nutritive solids, body, mouthfeel and crystallization control, with physical and sensory properties comparable to other syrups.

Where are they used?

Brown rice syrup and tapioca syrup can be used to replace traditional corn syrups in various food and beverage products.

Bakery: cookies, muffins, cakes and breads

Beverages: smoothies, fruit juices, flavoured waters

Cereals: ready-to-eat breakfast cereals, granolas and bars

Confectionery: better-for-you gummies and candies

Sauces and condiments: barbecue sauce, ketchup, and salad dressings

Sports nutrition: energy and protein bars

Variations and Selection Criteria

Rice and tapioca syrups are naturally non-GMO and also available in organic versions. The dextrose equivalent (DE) varies from 26 up to 63, mirroring the traditional corn syrups that they replace. Rice syrups can be derived from white or brown rice.

Conclusion

In conclusion, brown rice syrup and tapioca syrup offer a unique blend of benefits for food and beverage manufacturers. Their nutritional profile, versatility, and appeal to health-conscious consumers make them attractive options to traditional corn-based sweeteners like high fructose corn syrup and glucose. Blendtek can help you select the best option for your products.

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